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ZEN-MEN feat. Isgaard – day by day

I am detained in my golden cage,
nothing changes but my age.
Extreme motion,
an endless ocean,
love and pain,
in every grain.

Long past and forgotten sorrows,
hijack my back.
Pushed by the wind of wisdom,
I follow *my* beaten track.

I will fall,
in the night,
hunting light,
for my life.

*

I *open* the window of life,
I adore, what was before,
I respect, what others reject,
I inhale *life*, kind of.
Live life with life,
a part but apart from life,
seemingly an apartment of LIFE.

I melt into the ocean of sound,
salvation I have found.
Seven senses saved my soul,
I am back, *whole*.

I live my life, today.

day by day

